

Thanks for joining us at our workshop. We hope you find this infographic useful!



Action Movement Peace



@Action.Movement.Peace



@ActionMovementP

www www.ActionMovementPeace.com



## **About Us...**

Action Movement Peace is an Eco-arts organisation for sustainability and holistic well-being. Our drive is to inspire and educate children across the UK and internationally about sustainability and well-being through the arts.

#### Earth Care...

Earth Care can be taken to mean caring for our environment, looking after our world, and giving it the best opportunity to thrive. Why not try planting some vegetables or fruit, or supporting local litter picks and community clean ups, you could even create a bug hotel in your garden.

### People Care...

People Care begins with ourselves and expands to include our families, neighbours and wider communities. Share a smile more, or maybe shop local, and care for your community.

#### Fair Share...

Fair Share is about us taking what we need but sharing what we don't. You could feed the birds, or compost your waste, or share your extras with your neighbours.

# This is just the beginning....

If you loved our seed saving activity check out these great links:

**Global Gardens Project** 

**Green Squirrel Eco Workshops** 

Real Seeds: Save your Own

Vertical Veg: How To

